

## Risk assessment – COVID-19

Company name: Heather Dawn Elemental Health

Assessment carried out by: Heather Fields

Date of next review: 13/09/2022 or as appropriate

Date assessment was carried out: 13/09/2021

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
<p>Spread of COVID-19.</p> <p>Via droplet transmission and fomites</p>	<p>Staff – Therapist</p> <p>Clients (may include Vulnerable and extremely vulnerable groups)</p>	<p><b>Guidance referred to:</b> High consequence infectious diseases (HCID) - GOV.UK (www.gov.uk) States 'As of 19 March 2020, COVID-19 is no longer considered to be a high consequence infectious disease (HCID) in the UK.'</p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/954690/Infection_Prevention_and_Control_Guidance_January_2021.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/954690/Infection_Prevention_and_Control_Guidance_January_2021.pdf</a></p> <p><a href="https://www.gov.uk/coronavirus">https://www.gov.uk/coronavirus</a></p> <p><a href="https://www.wakefield.gov.uk/about-the-council/staying-safe/supporting-business?fbclid=IwAR3uanmT4qDvl3C0zdFUfXOZPs8iBcXVhWgncV1JBvu3PeJPHns7Vmlouk&amp;">https://www.wakefield.gov.uk/about-the-council/staying-safe/supporting-business?fbclid=IwAR3uanmT4qDvl3C0zdFUfXOZPs8iBcXVhWgncV1JBvu3PeJPHns7Vmlouk&amp;</a></p> <p><a href="https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/close-contact-services#close-contact-2-1-1">https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/close-contact-services#close-contact-2-1-1</a></p> <p><a href="https://www.britishacupuncturefederation.co.uk/wp-content/uploads/2020/06/V4-Guidelines-treatments-for-health-care.pdf">https://www.britishacupuncturefederation.co.uk/wp-content/uploads/2020/06/V4-Guidelines-treatments-for-health-care.pdf</a> (V5 version during lockdown periods and V6 version now provided)</p> <p><a href="https://ifparoma.org/coronavirus-covid-19-updates-and-guidance-for-practitioners/">https://ifparoma.org/coronavirus-covid-19-updates-and-guidance-for-practitioners/</a> (Awaiting update)</p> <p><b>Contacted local public health authority for specific local guidance/ regulation.</b></p>	<p>Check for regular government updates.</p> <p>Maintain stock of PPE and hand sanitising gel</p>	<p>HF/clients</p>	<p>13/09/2021 Ongoing</p>	<p>13/09/2021</p>

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		<p><b>Contacted local infection prevention and control team regarding specific guidance/ regulation.</b></p> <p><b>Contact environmental health for specific guidance/ regulation.</b></p> <p><b>Completed and published my 5 steps of safer working together.</b></p> <p><b>Published CV-19 policy</b></p> <p><b>Published pre-screen documentation.</b></p> <p><b>Published guide to attending appointments.</b></p> <p><b>Completed COVID-19 infection prevention and control training.</b></p> <p><b>Washing hands and promoting hand washing and use of alcohol gel as per guidance</b>  <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/886217/Best_practice_hand_wash.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/886217/Best_practice_hand_wash.pdf</a></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/886216/Best_practice_hand_rub.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/886216/Best_practice_hand_rub.pdf</a></p> <p><b>Initiating pre-appointment screening to identify clients who may be at risk of spreading CV-19 and those who are vulnerable</b></p> <p><b>Monitoring and sharing my own health status</b></p> <p><b>Implementing an entry system that maintains a 2m distance.</b></p> <p><b>Continuation of social distancing of 2m inside the building</b></p> <p><b>Considering PPE as per guidance</b>            Shops, branches, and close contact services - Working safely during coronavirus (COVID-19) - Guidance - GOV.UK <a href="http://www.gov.uk">www.gov.uk</a>)</p>				

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		<p><b>Donning and doffing PPE as per guidance</b>  <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878677/PHE_11606_Putting_on_PPE_062_revised_8_April.pdf</a></p> <p><a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878678/PHE_11606_Taking_off_PPE_064_revised_8_April.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878678/PHE_11606_Taking_off_PPE_064_revised_8_April.pdf</a></p> <p><b>Sessional use of tunic, removed before leaving the clinic.</b></p> <p><b>Implementing handwashing for clients on arrival and use of alcohol gel sanitiser on arrival and exit</b></p> <p><b>Additional hand sanitation points are located throughout the practice with signage in place</b></p> <p><b>Continuing to operate an appointment only system so clients do not come into contact with each other.</b></p> <p><b>Requesting clients attend alone.</b></p> <p><b>Waiting area is not in operation.</b></p> <p><b>Asking clients to arrive at the time of their scheduled appointment.</b></p> <p><b>Maintaining on-site parking reducing the need for public transport.</b></p> <p><b>Continuing to work independently (no additional staff or personnel use this building) guaranteeing no other contact or overflow of work area takes place.</b></p> <p><b>Ensuring deliveries are not made to the clinic with restricted entry to non-clients.</b></p> <p><b>Ensuring goods are cleaned before entering the clinic area.</b></p> <p><b>Minimising contacts around transactions. Making contactless payments available and virtual or telephone consultations. A public toilet facility is not available. Avoiding use of domestic toilet facility unless essential.</b></p>				

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		<p><b>Using signage to build awareness of good hand washing technique, avoiding touching face and catching coughs and sneezes.</b></p> <p><b>Providing tissues relating to cough, sneeze guidance.</b></p> <p><b>Reviewed work practices to minimise contact with the client and adapting to avoid face to face working and utilising back-to-back or side-to-side whenever.</b></p> <p><b>Using disposable items where possible and maintaining washing and cleaning of non-disposable items between clients</b>  <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/877533/Routine_decontamination_of_reusable_noninvasive_equipment.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/877533/Routine_decontamination_of_reusable_noninvasive_equipment.pdf</a></p> <p><b>Removing and bagging washable linens correctly to prevent contamination of surrounding surfaces.</b></p> <p><b>Implementing a strict cleaning schedule at the start and of the day and between each client.</b></p> <p><b>Ventilating areas by opening doors and utilising air purification and monitoring air quality.</b></p> <p><b>Allowing extra time between clients for cleaning and increased airflow to take place.</b></p> <p><b>Disposing of waste in line with guidance.</b>  <a href="https://www.gov.uk/guidance/coronavirus-covid-19-disposing-of-waste">https://www.gov.uk/guidance/coronavirus-covid-19-disposing-of-waste</a></p> <p><b>All areas have been cleared of unnecessary items including leaflets and magazines.</b></p> <p><b>I will remain on site for the duration of the clinic period from opening to closing</b></p>				