



Holistic approaches to symptom management in specialist palliative care

Traditional Therapy Training

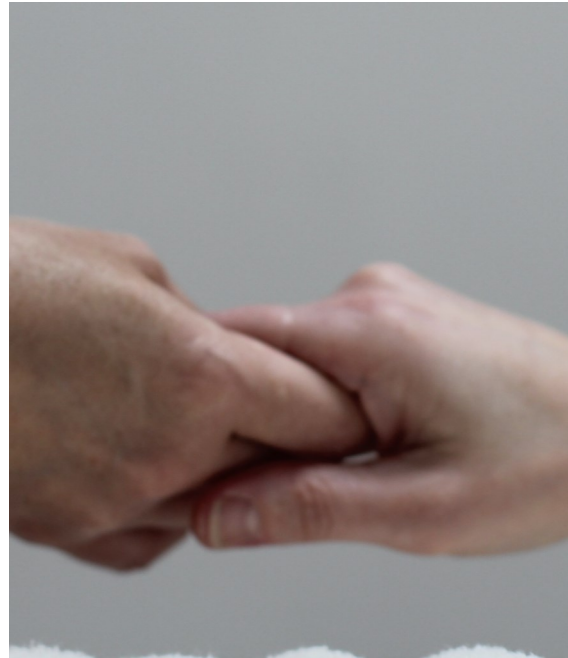
Skill enhancement - 1 day

Pre requisites: None

Price: £280 per day (maximum 4 learners attending)

Booking is secured on completion of application form and on receipt of deposit.

Learner profiles for each person attending should be completed at time of booking



Module 3-Promoting care through gentle touch techniques, supporting patients and carers.

Onsite workshops for 6-12 learners - £70 per learner per day for first 4 then £40 per learner per day there after

During this module we will explore the impact of touch in the therapeutic environment as a form of wordless communication.

We will review a traditional view of the body and its energy systems and identify how the emotions can be influenced.

Theories:

- The impact of touch as a form of wordless communication
- Appropriate and inappropriate touch
- Cultural taboos in relation to touch
- Traditional uses of touch as therapy
- Qi and the emotions
- Holding points of the body and face to support the emotions.

By the end of the session you will have gained a broader understanding of the body as a whole and will have practised a variety of gentle touch techniques that can be used independently or within your existing role.

Email: info@elementalhealth.net

www.elementalhealth.net