

Risk assessment

Company name: Heather Dawn Elemental Health

Assessment carried out by: Heather Fields

Date of next review: 08/04/2022

Date assessment was carried out: 08/04/2021

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Electrical	<ul style="list-style-type: none"> • Clients • Therapist • Electrocutation 	<p>Use electrical appliances only for the purpose they were designed and in line with manufacturer's instructions</p> <p>Electrical appliances meet CE standards</p> <p>Electrical appliances checked for safety and PAT tested annually</p>	<p>Monitor appliances for loose cables and defects before use</p> <p>Remove hazardous appliances</p>	HF	Annually ongoing	24/06/2020
Chemical	<ul style="list-style-type: none"> • Clients • Therapist • Chemical burn • vapour 	<p>Products containing less hazardous chemicals used where possible</p> <p>MSDS sheets obtained for each product as guidance</p>	COSHH check list for each product used	HF	Annually	24/06/2020

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		<p>Correct PPE used as identified by the COSHH assessment</p> <p>Products stored correctly in sealed containers and upright where applicable</p> <p>All products/ containers to be clearly labelled</p> <p>Clean areas of spillages immediately</p> <p>Ventilation provided to prevent build up of fumes (essential oils) and to reduce risk of air borne contaminants introduced into the facility by external sources (Client/ therapist)</p>				
<p>Manual handling</p>	<ul style="list-style-type: none"> • Clients • Therapist • Physical injury 	<p>Access manual handling training.</p> <p>Manual handling of objects and people avoided where possible</p> <p>Guidance on moving and handling small objects and supporting people on transfer adhered to</p>	<p>Inform service users about the restrictions of manual handling</p>	<p>HF</p>	<p>Ongoing</p>	<p>24/06/2020</p>

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		Mechanised lifting of people (via a therapy couch) in place.				
Environmental	<ul style="list-style-type: none"> • Clients • Therapist • Slip, trip, fall 	<p>Entrance door mat with non slip backing in place to dry footwear</p> <p>Non slip floor coverings in situ</p> <p>Static cables covered with appropriate anti-trip covering</p> <p>Walkways left clear</p> <p>Adequate lighting used for all movement activities</p> <p>Spillages cleaned immediately</p> <p>Floors fully dry before the area is entered</p>	Check regularly for protruding objects and damage to floor coverings	HF	ongoing	24/06/2020
Infection	<ul style="list-style-type: none"> • Clients • Associates • Therapist • Cross contamination 	<p>Access infection prevention control training</p> <p>Supply hand washing facilities. Hands washed</p>	maintain surfaces, furniture and equipment are in good repair	HF	Ongoing	24/06/2020

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		<p>before and after client contact and following procedures throughout the therapy session</p> <p>Uniform worn when providing service. Change uniform on a sessional basis and launder appropriately</p> <p>Utilise PPE where appropriate</p> <p>Regular cleaning of facility</p> <p>Single use of linens for each client</p> <p>Cleaning and sanitisation of equipment and tools between clients</p> <p>Cleaning and sanitisation of surfaces between clients</p> <p>Full clean of facility after each session</p> <p>Single use of sterile needles (acupuncture)</p>				

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		<p>Follow procedure for needle stick injury</p> <p>Correct disposal of clinical waste (sharps) in line with local government bylaws</p> <p>correct disposal of soft waste</p>				
<p>Fire</p>	<ul style="list-style-type: none"> • Clients/ Me (Therapist) • Burns 	<p>Firefighting equipment on hand in the event of a fire.</p> <p>Fire producing activities to be carried out in a controlled manner</p> <p>Area to be checked for ignition sources if handling flammable material.</p> <p>Fire exit clearly marked. Fire evacuation procedure in place and assembly point identified</p>	<p>Check fire safety equipment</p>	<p>HF</p>	<p>Annually ongoing</p>	<p>24/06/2020</p>